

Editorial

As time flows on, inevitable and strong, and another month draws to a close, one must begin to ponder and reflect upon time gone by in the year and the remainder of it. As the nights grow longer, creeping up to the day earlier than the day before, a palpable sense of excitement has begun to fill the air.

Summer is in its last throes, raging against the inevitable march of time. Soon, the stifling heat will give way to a slight, dry chilly and lovely sunsets and fallen leaves which crunch deliciously every time you walk by.

With the change of seasons come the festivals. Festivals are incredible expressions of culture, unity and creativity. They are not just about celebrating the richness of culture and tradition of a community but also serve as a powerful reminder of identity through which countless people derive their own identities. Festivals are masterful acts of storytelling where wisdom, beliefs and ideas are passed down ensuring the immortality of a particular culture.



Festivals are also wonderful examples of human expressions and collaboration. To celebrate Dashain or Tihar, two of our major festivals, is to become partakers of a grand human tradition of expression and collaborative creation.

Dashain and Tihar are so intrinsic to the Nepali identity that it has even acquired cultural significance emerging as a religious and cultural festival. Dashain and Tihar brings with them, as the entire festivals do, the promise of new clothes and spending days with family and friends.

Good food and laughter are essential to them as families are reunited. Vibrant music and colourful decorations, carnivals and games are of course integral components of the festival. So, as the festivals marches ever so closer, let us celebrate the joy and happiness that is associated with the festivals. I hope that you will find within these pages the spirit of festivals in the creations of our wonderful students – boundless creativity and expression. Wish you all a very happy and joyous Dashain and Tihar,

- Bernard Lama [School Coordinator]

Cup Cakes with Fathers

“A father's love will always be imprinted on the heart of a child “

On an auspicious day, we had the pleasure of inviting all the fathers of students from Class Nursery to Class 2 to celebrate Father's Day. As expected, many fathers, accompanied by their little ones, joined us and filled the atmosphere with joy and excitement. Our school's surroundings were brimmed with smiles, chuckles, and love. We served warm coffee and delicious, soft cup cake to our valued parents and their children. The little ones, our bright little birds, were happily playing with their heroes. The joy on their faces was unmistakably noticeable for how happy they were to spend time with lovely fathers.

In the midst of this celebration, fathers happily participated in a photoshoot at the specially designed booth we had created for them. As the event was about to end, the children presented their fathers with handmade Father's Day cards, a heartfelt effort for what left the fathers moved. It was truly a day filled with smile, love, and unforgettable memories.

- Kabita Gurung [Pre-Primary Teacher]



Children's Day Celebration

Green Field World School celebrated Children's Day on 28th Bhadra with immense enthusiasm, bringing together students, teachers, and staff for a memorable event. The celebration was graced by the school's director, Mrs. Manisha Basnet, vice principal Mrs. Rojina Karki, coordinator Bernard Lama, and academic in-charge Denish Engti. Their presence elevated the importance of the day, highlighting the school's commitment to its students. The festive atmosphere reflected the dedication of the school community in ensuring that the day was special for all involved.



The event began with a heartfelt welcome song performed by the teachers, setting the tone for a joyful celebration. Teachers took center stage to entertain the students with a variety of performances. They recited thoughtful poems, sang beautiful solo and duet songs, and danced to a lively selection of music. These performances went beyond entertainment, symbolizing the deep connection between the teachers and students and emphasizing the importance of recognizing and celebrating the students' presence in the school.



The students were visibly excited and engaged, their cheers and applause filling the room after each performance. The teachers' willingness to step out of their formal roles to perform for the students fostered a sense of unity and happiness. The energy and excitement among the students made the event even more successful, with each moment bringing a sense of shared joy and celebration. The day was a wonderful reminder of the strong bond within the school community.

The celebration truly captured the essence of Children's Day, providing a space where students felt valued and appreciated. It was not only a day of entertainment but also one of mutual respect and togetherness. The successful event left students, teachers, and staff alike with fond memories, underscoring the school's dedication to nurturing and supporting its students in all aspects of life.

- Ms. Shilpa Magar [Primary English Teacher]

Field Trip to Royal Cold Storage

On 2081-05-13, Friday, the economics students of Grade 9 were taken to visit the Royal Cold Storage which is located at Birtamode, Jhapa. To enhance their learning it is important for them to know the importance of the cold storage facility and its contribution in the agricultural sector. Under the guidance of Royal Cold Storage staff and teacher students were clearly able to know the working mechanism of the cold storage. The temperature maintained temperature could preserve the food products inside the store.

The students realized that these storage facilities were highly critical in sustaining the perishable goods and their decent quality, thus supporting the farmers or even the whole agricultural business. Such exposure has reinforced the theoretical frameworks taught in the classroom by linking them to real processes that are involved in supporting economic functioning-such as supply chain management and its related tools. Students also engaged in fruitful verbal discussions where they were questioned, and they asked questions to the working professionals in the workplace. In addition, this broadening of knowledge encouraged critical thinking and gave insight to the economic and social aspect that goes into agricultural storage solutions.

-Ujjwal Mishra [Economics Teacher]





सनातन धर्मलाम्बिहरुका विभिन्न पर्वहरूमध्ये कृष्ण जन्माष्टमी पनि एक उत्कृष्ट पर्व हो । भाद्र कृष्ण अष्टमीमा भगवान कृष्ण यस धर्तीमा पदार्पण गरेको दिनलाई सुअवसर मानेर प्रत्येक वर्ष यो पर्व मनाउने गरिन्छ । असत्यको र अत्याचारको धर्तीलाई जकडेपछि दानवले देवाताहरुमाथी अत्याचारको पराकाष्ठा देखाएपछि धर्तीलाई बचाउन र देवताहरुको रक्षा गर्दै धर्मको सुरक्षा गर्न भगवान श्री कृष्णले मथुरामा मामा कंशको जेलमा बासुदेव र देवकीको आठौँ सन्तानको रूपमा जन्म लिएका हुन् । बाल अवस्थादेखि नै अनेक लिला गरेर अधर्म र अत्याचारको संहार गर्दै धर्मको स्थापना गर्ने उनै कृष्णको सम्झनामा प्रत्येक वर्ष भाद्र कृष्ण अष्टमीमा यो पर्व मनाउने गरिन्छ ।

यसै अवसरमा ग्रिन फिल्ड वर्ल्ड स्कुलमा धर्म र संस्कारको सिकाईका क्रममा कृष्ण जन्मोत्सव कार्यक्रम आयोजना गरिएको थियो ।



यसै सन्दर्भमा मिति २०८१/०५/०९ गते विद्यालयमा कार्यक्रम आयोजना गरियो । जसमा विद्यार्थीहरुले विभिन्न कृष्ण भजनहरुमा नृत्य प्रस्तुत गरे । शिक्षक रञ्जित गुप्ताबाट कृष्ण कथा वाचन भयो भने विद्यार्थी वर्खा शाहले पनि कृष्णका बारेमा जानकारी प्रस्तुत गरिन् । व्यास्थापक श्रीमती मनिषा बस्नेतको प्रमुख आतिथ्यमा सम्पन्न गरिएको उक्त कार्यक्रममा शिक्षक तथा योग साधक गुरु खेम थापाले भजन गायन प्रस्तुत गर्नुभयो । यसै अवसरमा ग्रिन फिल्ड वर्ल्ड स्कुलमा धर्म र संस्कारको सिकाईका क्रममा कृष्ण जन्मोत्सव कार्यक्रम आयोजना गरिएको थियो । यसै सन्दर्भमा मिति २०८१/०५/०९ गते विद्यालयमा कार्यक्रम आयोजना गरियो । जसमा विद्यार्थीहरुले विभिन्न कृष्ण भजनहरुमा नृत्य प्रस्तुत गरे । शिक्षक रञ्जित गुप्ताबाट कृष्ण कथा वाचन भयो भने विद्यार्थी वर्खा शाहले पनि कृष्णका बारेमा जानकारी प्रस्तुत गरिन् । व्यास्थापक श्रीमती मनिषा बस्नेतको प्रमुख आतिथ्यमा सम्पन्न गरिएको उक्त कार्यक्रममा शिक्षक तथा योग साधक गुरु खेम थापाले भजन गायन प्रस्तुत गर्नुभयो । करिब ३ घण्टाको कार्यक्रममा विद्यार्थीमा सुसंस्कारको विकास गराउँदै अग्रजित्तको सम्मान भावना र भगवानप्रतिको विश्वास बनाउँदै कार्यक्रमको सम्पूर्ण उद्घोषण र समापन शिक्षक सुशिला घिमिरेबाट भयो ।

- सुशिला घिमिरे [नेपाली विभाग प्रमुख]

ममता भट्ट काफ्ले

महाभारत गाउँ पालिका १ गोकुल स्थायी ठेगाना भएका काफ्ले परिवार ३० वर्ष अघि काभ्रेको पनौती झरे । वि.स. २०५३ जेठ १८ गते पिता कमल काफ्ले र माता गीता काफ्लेको कोखबाट ममताको जन्म भयो । उनको बाल्यकाल काभ्रेको पनौतीमा बित्यो । सानैदेखि पढ्नमा माहिर उनी नवरत्न अंग्रेजी विद्यालय पनौतीमा १० कक्षासम्म अध्ययन गरिन् । त्यसपछि उनले +२ विज्ञान विषय लिएर बनेपाको कलेज पढिन् पढाई कै क्रममा बांगलोरमा रहेको राजिब गान्धी युनिभर्सिटीबाट BSC नर्सिङ पनि सफल भईन् । उनको त्यसै क्रममा कंचनपुरका नरेश भट्टसँग चिनजान हुन्छ र उनीहरूले चिनजानलाई असल प्रेमीप्रेमिकामा परिणत गर्छन् । त्यतिमा मात्र सिमीत रहँदैनन् २०७७ साल मंसिर २५ गते विवाह गर्छन् । त्यसपछि उनीहरूको जीवनले नयाँ मोड लिइन्छ । करिब विवाहको ६ महिना पछि उनीपनि श्रीमान् नरेश भट्टसँगै अमेरिका पुछिन् । नर्स भएको कारणले भर्जिनियाको एउटा क्लिनिकमा काम गर्न थालिन् । यसरी प्रेम सम्बन्धलाई विवाहमा परिणत गरेकी ममता साउन १६ (जुलाई ३१) देखि बेपत्ता छिन् । ममताको हत्या गरेको आरोपमा नरेश पक्राउ परेका छन् । बिहीबार भर्जिनिया प्रहरीले पक्राउ गरेको नरेशलाई शुक्रबार अदालत उपस्थित गराएको थियो । उनीमाथि ममताको हत्या गरी शव लुकाएको अभियोग लगाइएको छ ।



नरेशले ३० जुलाईमा घरभित्रै आफ्नी श्रीमती ममताको हत्या गरेको र हत्यापश्चात शव घिसाउँदै बाहिर ल्याएको प्रमाण फेला परेको प्रहरीले अदालतमा पेस गरेको अभियोगपत्रमा उल्लेख छ । अदालतमा पेस गरेको कागजातमा उनको घरकै बेडरुममा हत्या गरेर शव बाहिर कतै घिसारेको प्रमाण फेला परेको समाचार संस्था सीएनएनले उल्लेख गरेको छ । प्रमाणका रूपमा बेडरुम र बाथरुममा रगत देखिएको बताइएको छ । अभियोजकहरूले जुलाई ३० मा नरेशले तीनवटा चक्कु किनेको र त्यसको भोलिपल्ट सफाइका लागि आवश्यक सामग्री किनेको भेटिएको बताएका छन् । र अहिले सम्म पनि अनुसन्धान जारी छ ।

- उषा किरण गुरागाई [नेपाली बिभाग]





Student's Section

A TRIP TO HAPPYLAND PARK

Excursions are a fantastic way to explore and learn about different places. So, on September third 2024, Tuesday, the students of grade 9'B embarked on the excursion with great enthusiasm and a sense of bittersweet experience. There were a total of 23 students along with our respected teacher Sushila ma'am, Ranjit sir and Jeevan dai. After, we arrived to our destination, we were thrilled by the fact that we were about to have our pot lock together, enjoy safari ride and create memories that will last for a lifetime. We finally reached there and gathered in a meadow that added beauty to our excitement. Everybody settled on the ground and unboxed their food from home with the fragrance of delicious meal.



The sharing of food with lot of gossips was really an interesting part of the journey. We are truly grateful beyond words to the school management for arranging such an inspiring excursion, and boosting our minds, helping us rejuvenate in more advanced manner. We would also like to thank our head of English department Mr. Narayan Sanjel for organizing the choral competition, guiding us and rewarding us with an amazing excursion as a prize of our dedication and hard work. Finally, the trip came to an end with a great combination of continuous learning, delicious meals, entertainment and memory making. Students would learn teamwork, get connected to the nature, and recreate themselves which can help them to be more creative. We are overwhelmed and look forward to such journey in our future.

- Sprehya Pokherel [9B] and Sneha Pudasaini [9B]

Poem: My Mother

My mother is the best
She never ever rest
She works hard day and night,
To make my future very bright
She teaches new things everyday
And always have time to play



She is like a teacher to me
That is why I am not afraid to be me
One day, when I will grow up
I would like to thank her
For never giving up
- Clement Rai 3'B'



Rain

There is no colour in the rain,
Its only water, wet and plain
It makes clamp spots on my book
And splashes on my new dress, look!
The puddles in the rainy weather,
Glisten like a feather.

- Rachel Das [2'B']





My school hosted a singing competition where many students could express their talent of singing. I am Palakshi Regmi of grade 7A, who had taken a part in the competition. I was listening to ma'am, while she was teaching. My friend was looking at me which made me feel uncomfortable, then I thought why was she staring at me? And this is how it all started the journey of 'The Voice Of GFWS.' She told me everything about the competition which was exciting and made me happy. I practiced putting all my efforts for the audition. There were many students who were taking part in the competition. Finally, the name was heard, I went up to the stage with freight - up till my spine anxiety running up till my head

Suddenly, every drop of anxiety and fear stated to run away as if my singing healed all of my anxiety and added a smile spread across my face. After I finished singing, my feeling of keeping the load of weight out of shoulder got the way to long breath and relaxation. The judges with an expressionless face told that I could go. I waited for some few days for my answer when the teachers pasted the selected names on the board which made me jump as I got selected to top 12 contestants. Now, I had to practice for the other rounds, which I did. I thought it was a luck but not always with me because all of the singers were very good. Here, comes the the big day when my singing could surprise the judges as they looked very happy and told that I made their day. I was overwhelmed to hear that my singing was the best one which was another stepping stone – top 9 contestant of The Voice of GFWS. Alright, I had the confidence in me I sang my heart out and as I stopped singing there was no response, and all of sudden I could hear a round of applause, the judges looked shocked. Once again, I got the complement of best singer of that round. The journey has become very exciting up to here.

- Palaxi Regmi [7'A']

Poem: Beautiful nature

The winds blow
The river flows
Like a light fireflies glows
The beautiful multicoloured rainbow



The bright sunlight
The stars shining bright
The sky wide and the clouds hide
The rain showers
The beautiful flowers
The green trees
The hardworking little bees
With the sound sweet every birds greet

Between humans and nature
There is beautiful relation
The nature is the only center
Of this beautiful creation

- Kinzom Yolmo



1. What kind of lion never roars?
Ans- A dandelion
2. What goes up but never comes down?
Ans- Your age
3. What can you hold on your left hand but not on your right?
Ans -Your right elbow



- 4.What belongs to you but others use it more than you?
Ans- Your name
- 5.What is full of holes but still holds water?
Ans-Sponge

- Aahana Pathak [5'A']





Poem: My father

Father you are my heart, my love and my hope
 Your voice makes me strong
 Your eyes gives me hope.
 Your arms are my shelter.
 You are my superhero, someone I can look up to.
 You get me my favorite ice-cream when you see
 tears in my eyes
 Though you scold me sometimes.
 Father you are my hope, strength and my home.
 Someone who fights for me and fulfills all of my
 desires.
 To my father, I am grateful
 You are my heart , my love and my hope.
 -Jenisha Chamlagain [4 'A']

Poem: Success

It isn't easy to obtain
 Nor it is cost free
 It comes with a cost
 That cant be bought with money.
 It isn't for everyone
 Who thinks its difficult
 Its for someone
 With a bright thought.
 Lazy or poor, it doesn't matter
 It comes with a significant cost.



The cost isn't money
 Rather its hardwork
 If you fail and lose
 Don't be heartbroken
 Start from where you failed
 Cause you know it leads to success.

- Smriti Dahal [5 'A']

My Best Friend

FRIENDS
FOREVER



To my best friend ,who has always
 supported me
 Been there for me and loves me the most.
 You are my home, my laughing pills.
 Someone whom I can share my problems
 to.

My eyes sparkle when I see you
 Your jokes makes me laugh the
 hardest
 And the pain we share make me
 the saddest.

There is nothing luckier than having
 you,

Thank you my friend, my best friend
 ,my home, my partner in crime
 And someone I love little more.
 I never want to lose you nor make
 you cry
 I promise to stick by you side even
 through thick and thin.
 To my best friend, who has always
 supported me.

-Manan Dhanuka [5 'B']

Poem: Dreams

Dreams are meant to be dreamt,
 Dreams are meant to be seen,
 Dreams are what keeps you alive
 Dear reader, if you are reading this,
 Dream beyond your limits
 Dream so big that people would think
 you are mad



Dream big dreams

But dear reader, don't get dishearten
 Show them what your mind can do
 When you listen to your heart.
 Show them what talents you got
 You are a star, you are the one
 You are a dreamer who can fulfil their
 dreams

Dream beyond your limits
 And fulfil your dreams.

- Paridhi Ojha [5'B']



बलात्कार

बलात्कार एक अत्यन्त गम्भीर सामाजिक र कानूनी अपराध हो, जसले व्यक्ति र समाजमा गहिरो असर पुर्याउँछ। यो केवल शारीरिक आक्रमण नभई शिकारको मनोवैज्ञानिक, भावनात्मक र सामाजिक जीवनमा स्थायी घाउ पुर्याउने कार्यपनि हो। बलात्कारका घटनाहरूले महिलाको स्वतन्त्रता, सुरक्षा र सम्मानलाई चुनौती दिन्छ। यस समस्याको समाधानका लागि सशक्त कानूनी प्रणाली, सामाजिक सचेतना, शिक्षा र समर्थन सञ्जालको आवश्यकता छ। पीडितलाई उचित सहयोग र न्याय प्राप्त गर्न महत्त्वपूर्ण छ, र बलात्कारीलाई दण्डित गर्ने कुरा सुनिश्चित गर्नुपर्छ। समाजले बलात्कारको बारेमा खुला चर्चा गर्दै र चेतना फैलाउँदै यसलाई रोक्नका लागि कदम चाल्न आवश्यक छ।

- सामना खत्री [कक्षा - ७]

तीज

हिन्दू नारीहरूले मनाउने एउटा महत्त्वपूर्ण चाड हो। यो चाड भाद्र शुक्ल द्वितीयादेखि पञ्चमीसम्म ४ दिन मनाइन्छ। तीजमा भगवान शिवको आराधना गरिनुका साथै नाचगान मनोरञ्जन समेत गर्ने गरिन्छ। नेपाली हिन्दू महिलाहरूद्वारा स्वतन्त्र र आनन्दमय रूपमा मनाइने तीज अन्य धर्मका नेपाली महिलाहरूले पनि हर्षोल्लासका साथ मनाउन थालेका छन्। यो पर्व मुख्यरूपले नेपालभर मनाइन्छ भने भारतका कुनै कुनै क्षेत्रमा पनि मनाइन्छ। आद्य शक्ति भगवान शिवकी अर्धाङ्गीनी हिमालय पुत्री पार्वतीले भगवान शिवको स्वास्थ्य तथा शरीरमा कुनै वाधा उत्पन्न नहोस् भनेर पहिलो बर्त राखेकी थिइन् त्यो दिन यही हरितालिका तीजको दिन थियो। त्यसै दिनदेखि आजसम्म हिन्दू नारीहरूले यो पर्व मनाउँदै आएका छन् भन्ने विश्वास गरिन्छ।

पहिलो दिन – डर खाने दिन हो सामान्यतया दर मध्यरात खाने चलन बसिसकेको छ। भोलिपल्ट दिनभर पानीसम्म पनि नखाई बस्नुपर्ने भएकोले दर खाने दिन राति उठेर पेटभरी खाने प्रचलन छ।

दोस्रो दिन - तीजको बर्त अन्य बर्त भन्दा फरक ढङ्गले लिइन्छ। यस दिन पानीसम्म पनि नखाई बर्त बस्नुपर्ने परम्परागत मान्यता रहेको भएपनि कतिपय महिलाहरू महादेवको पुजा आराधना पश्चात फलफूल ग्रहण गर्दछन्। यसै दिन पार्वतीले आफ्नो तपस्या पूरा गरी शिवजी पाएको विश्वास गरिने हुनाले यस दिनलाई हर्षोल्लासका साथ नाचगान गरी मनाइने गरिन्छ।

- स्नेहा पुडासैनि [९ 'ख']

आमा

मेरी आमाले मलाई माया गर्छिन्

धेरै नै माया गर्छिन्

मेरा गल्तिहरू बुवाबाट लुकेदिन्छिन् र पछि आएर सम्झौछिन्।।

यसरी आमाले मेरा गल्तिहरू लुकाइदिँदा खुब रमाइलो लाग्थ्यो

तर मलाई के थाहा थियो र मेरा गल्तिहरू लुकाउँदा लुकाउँदै आफ्नै आँसु लुकाउन सिकिछिन् आमाले त्यो ममताको ठूलो भण्डारमा मेरो लागि माया थप्दा थप्दै आफ्नै दुःख दबाउन सिकिछिन् आमाले।।

आमाले मलाई गणित सिकाइन्

भन्थिन् एकमा एक जोड्दा दुई हुन्छ तर उनले त दुई

धड्कनलाई एकै शरीरमा धड्काइन्

आफ्ना आशयकता हरूलाई घटाएर मेरो इच्छा जोडिन्

आफ्नो भागको खुसी गुणा गरेर मलाई दिइन्

आफ्नो भागमा केही राखिन्

आफूलाई शुन्य पारेर मलाई मलाई पूरा गरिन्

खै आमाले गणितको कुन नियम पालना गरिन्।।

आमालाई बिर्सिने रोग लागेको छ

परिवारको लागि जिउँदा जिउँदै आफ्नो लागि जिउँनु

पर्छ भन्ने कुरा आमालाई यादै छैन

जसरी हाम्रो यो एउटै जीवन हो उनको पनि यो यो कुरा आमालाई यादै छैन।।

आमा जस्ती पनि छिन्

महान् छिन्

उनको निस्वार्थ माया र त्याग त झन् कति महान् छ

आमालाई मेरो कोटी कोटी प्रणाम छ

आमाको अपरम्पार मायाको अघि स्वयं भगवान् झुक्ने गर्छन्

आमा को पवित्रताको नापतौल गर्ने हो भने गंगा देखि ब्रह्मपुत्र सबै सुक्ने गर्छन्।।

-लुना ओलि [१०]



WHAT DID YOU
SEE FIRST?

1. Face 2. Brain/Tree 3. Birds

Know Your Hidden Personality Traits



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