



## Editorial

Time flows on – immutable and inevitable.

As another year draws to a close, the cold winter chill brings with it a sense of completion. This feeling of completion also comes with the necessary act of introspection or rather retrospection. It is one of the core features of humanity that we possess the faculty of looking back on our lives, our actions and choices. It is in this looking back, this retrospection, that we paradoxically find some thing that will help us to move forward. Let us reflect on the fun moments, the ones where we experienced joy and satisfaction and be grateful for them. Let us also possess the humility and strength to reflect on the moments where we experienced doubt and pain and fear. Let us learn from them and grow and become stronger because of them. As we move into the new year, may our hearts be opened and our minds alert to the immense possibilities that lie ahead in the year to come.

**-Bernard Lama [School Coordinator]**

## Cybersecurity: Protecting Our Digital World

In today's world, almost every aspect of our lives is connected to the internet. From shopping and social media to banking and work, we depend on online platforms for many daily activities. As we rely more on digital technology, the importance of cybersecurity has grown significantly. Cybersecurity refers to the practice of protecting computer systems, networks, and data from unauthorized access, attacks, or damage. It is essential for keeping our digital lives safe from cybercriminals who want to steal information or cause harm.

Cyberattacks are becoming more common and more sophisticated. Hackers and cybercriminals use a variety of techniques to attack and steal sensitive information, including personal details, financial data, and intellectual property. One of the most well-known types of cyberattack is phishing. In phishing attacks, hackers trick people into revealing their passwords, credit card numbers, or other personal information by pretending to be trusted sources, such as banks, online stores, or social media platforms. These attacks often occur through fake emails, messages, or websites that look real, making it easy for people to fall for them.

Another serious threat to our online security is ransomware.

Ransomware is a type of malicious software that locks a person's files or entire system, demanding payment to restore access. These attacks can cause significant harm to individuals, businesses, and even governments.

large amounts of money to regain access to their files, and even then, there's no guarantee that the hacker will release them.

To protect ourselves from these types of attacks, we need to take cybersecurity seriously. One of the most basic and effective measures is using strong passwords. A strong password is one that is long, unique, and combines letters, numbers, and special characters. It's important not to use the same password for multiple accounts, as that makes it easier for hackers to gain access to everything if they manage to crack one password. Additionally, using a password manager can help us keep track of multiple strong passwords safely.

Another important practice is enabling two-factor authentication (2FA). This extra layer of security requires users to provide two forms of identification before accessing an account. Typically, one factor is a password, and the second factor could be a code sent to your phone or an authentication app. 2FA makes it much harder for hackers to access accounts, even if they manage to get hold of your password.



## Field trip to Dakshinkali Plastic Industries---“Development is underway”

On 26th of December, Thursday, the grade-9 economics students of the Greenfield world school went on a field trip to Dakshinkali Plastic Industries Pvt Ltd, located at Bhadrapur, Jhapa. We left the school at around 8.30 a.m. in the morning, thinking that it would take over an hour to reach there. But to our surprise it took us only around 40-45 minutes to reach there. This was all due to the well-made blacktopped roads leading to the industry. The industry was located at the southern part of Bhadrapur region, a rural area which seems to be perfect for the establishment of the industry. As soon as we reached there, we were welcomed by the owner of the industry, Mr. Nabin Agrawal. He then directed one of his staffs to guide us through the industry. The staff was also very friendly and seemed to have a deep understanding of the manufacturing process. At first, we went to the plant where the plastic pipes were being manufactured. There was a machine with a mold which would convert raw materials into plastic pipes. After that, we went to the water tank manufacturing zone. There were so large machines being used there for the manufacturing of water tanks of different sizes. The finished products were then sold all over Nepal through various dealers. The industry had given employment to more than 100 people, mostly were the locals of the area.



We were so amazed by the latest technology being used there. Most of the things were automatized and were being done by the machines itself. Only raw materials and the finished products were handled by the labours working there.

The purpose of the field trip was to educate the students about the manufacturing industries and how these sorts of industries are making a strong base for the process of industrialization in Nepal. We learnt that Nepal is also advancing towards industrialization and these sorts of industries are the example of it. With the use of modern and advanced technology one can pretty surely say that Nepal is marking its way for development and economic progress and development is underway.

- Ujjwal Mishra

## Technology

From every corner of the earth, technology has been surrounding us. Since our morning-till-sleep time, we somehow are depended on the basis of technology. The future and the present of human life is going to be depended on technology, which will make our life easy and peaceful. With the help of new technological gadgets, world is going to be changed. The peoples of this generation have been dependent of science and technology more and more. Peoples are depending on technology for every activity, it has become an essential part and a habit. The whole civilization has been hanging on the modern technology. Life and business would stop without technology. It benefits society, but it should be used properly because, with the help of current technology crime rates are increasing. It is useful, and at the same time, it is very harmful. It has reduced the physical labor of men and improves the productivity of the work. It causes unemployment for peoples. Therefore, it must be used to only a specific extent and by not depending entirely on it.

-Dhairya Agrawal





## An Inspiring Open Mic Session at Green Field World School

On a crisp and vibrant morning, Green Field World School hosted its very first Open Mic session, an event that left an indelible mark on all who attended. The event saw a remarkable turnout, with around 35 contestants, including both teachers and students, and a few special guests, coming together to share their creativity, emotions, and stories. The atmosphere was filled with enthusiasm, warmth, and a sense of community that made this event truly unforgettable. The Open Mic session was a celebration of expression, where participants had the platform to showcase their talents in various forms, from poetry to storytelling, and even sharing personal experiences. The diversity in performances made the event even more special, as each contestant brought their unique voice and perspective to the stage.

The event began with an air of excitement, as students and teachers took turns to step up and engage the audience with their words. One of the most memorable moments of the session came when a teacher recited a standup comedy his experience visit to Nepal and the weather, with laughter it touched everyone in the room. The emotions conveyed through the words resonated deeply, highlighting the connection between the teacher's experience and the journey of learning that both students and educators are on together.

The students' contributions were equally impressive, with several sharing personal stories about challenges they had overcome. One particular story of perseverance stood out, where a student narrated their struggle with self-confidence and how they found the courage to express themselves through writing and performing. The sincerity and bravery in sharing such intimate experiences had the audience listening attentively, and many felt inspired by the journey of self-discovery.

The event also saw guests participate in a delightful array of performances, including a humorous yet insightful short message that had the audience while reflecting on life's little moves. Another guest shared a moving piece of motivation about self confidence and resilience, which connected deeply with the school's environment of growth and hope.



As each performer took to the stage, a unique bond began to form between them and the audience. The encouragement and applause from peers and teachers created an uplifting atmosphere, making every participant feel valued and heard. The beauty of the event lay in its simplicity – it was not about competition, but rather about coming together as a community to celebrate expression in all its forms.

What truly set this Open Mic session apart was the sense of unity it fostered. In a world where technology often isolates people, this event allowed everyone to connect through the power of words. Whether it was a poem that evoked memories of childhood, or a story that sparked laughter, each performance served as a reminder of the shared human experience.

As the session came to a close, there was a palpable sense of fulfillment in the room. The performers had given their best, and the audience had embraced each piece with open hearts. The event not only allowed participants to showcase their talents but also helped build stronger bonds between teachers, students, and guests.

Green Field World School's inaugural Open Mic session was a resounding success. It demonstrated the power of art, storytelling, and poetry in fostering an environment of creativity, connection, and mutual respect. It was a day to remember, and the hope is that such events will continue to inspire and nurture the talent within the school community, bringing everyone together in celebration of expression.

**-Nityanshu Agrawal**





## "घुस लिन्या र घुस दिन्या दुबै राष्ट्रका शत्रु हुन्"

### "नेपाल दुई ढुङ्गाबिचको तरुल हो"

राष्ट्रिय एकता दिवस नेपालमा हरेक वर्ष पौष २७ गते मनाइने विशेष राष्ट्रिय पर्व हो। यो दिवस पृथ्वीनारायण शाहको जन्मजयन्तीको अवसरमा मनाइन्छ। पृथ्वीनारायण शाह नेपालका एकीकरणकर्ता राजा थिए, जसले २२/२४ राज्यहरूलाई एकीकृत गरी आजको आधुनिक नेपालको आधार तयार गरे। राष्ट्रिय एकता दिवसले नेपालीहरूको बीचमा एकता, राष्ट्रियता, र सामूहिक पहिचानको भावना जागृत गर्न महत्त्वपूर्ण भूमिका खेल्दछ। पृथ्वीनारायण शाह राजा नरभूपाल शाह र उनकी दोस्रो पत्नी कौशल्यावती देवीका जेठा छोरा थिए। गोरखाको राजपरिवारमा विसं १७७९ पौष २७ गते जन्मेका युवा राजकुमारले आफ्नो पढाइको हेरचाहका लागि दरबारी उपाध्याय पुजारीहरू नियुक्त गरेका थिए। तर उनको सौतेनी आमा चन्द्रप्रभावतीले उनलाई कुशल शासक बन्न सिकाउनुभयो।

उनको हेरचाहमा, युवा पृथ्वीनारायण शाहले महाभारत र रामायण जस्ता शास्त्रहरूको साथै कूटनीतिक रणनीतिहरू अध्ययन गरे। सानै उमेरदेखि, उनी हतियार, घोडा सवारी र युद्धका पाठहरूमा परिचित थिए। समग्रमा, राज्यको मामिलामा उनको ठूलो चासो थियो। बुबाको मृत्युपछि २० वर्षको उमेरमा उनी गोरखाका राजा भए। पृथ्वीनारायण शाहले "नेपाल चार जात छत्तीस वर्णको साझा फूलबारी हो" भनी दिएको सन्देशले नेपाली समाजमा विविधताबीच एकता कायम राख्न प्रेरणा दिएको छ। उनले भूगोल, संस्कृति, भाषा, र धर्मको विविधतालाई सम्मान गर्दै सम्पूर्ण नेपालीलाई एउटै राष्ट्रिय पहिचानमा बाँध्न सफल भए। राष्ट्रिय एकता दिवसले यिनै मूल्य र आदर्शहरूलाई स्मरण गराउँदै वर्तमान पुस्तालाई पनि राष्ट्रिय हित र एकताको महत्त्व बुझाउने काम गर्दछ।

अठारौँ शताब्दीको मध्यतिरगोरखा राज्यका राजा बनेका पृथ्वीनारायण शाहले स-साना राज्यहरूलाई एकीकरण गर्ने प्रयास गरेका थिए।नुवाकोट युद्धमा मा विजय प्राप्त गरेपछि उनी काठमाडौँ उपत्यका तर्फ लागेका थिए, जहाँ तीन मल्ल राज्यहरू भक्तपुर, पाटन र कान्तिपुरले शासन गरिरहेका थिए। पृथ्वीनारायण शाहले किर्तिपुर सहरलाई लिएर पाटन राज्यसँग युद्धमा होमिएका थिए र वि.सं १८२३ मा यो सहर गोरखालीको हातमा परेको थियो।

यसले कान्तिपुरलाई खतरा उत्पन्न गरेको थियो, पछि कान्तिपुरका राजा जयप्रकाश मल्लले गोरखाको तीव्र विस्तार रोक्न इस्ट इन्डिया कम्पनीसँग सहयोगको अनुरोध गरेका थिए। पछि शाहले तिब्बत र चीनसँगको डुष्ट इन्डिया कम्पनीको हिमालयपार व्यापारमा असर पार्ने गरी राज्यमाथि नाकाबन्दी पनि लगाएका थिए किनभने उनीहरूले कान्तिपुर हुँदै जाने बाटो प्रयोग गरेका थिए। कम्पनीले उक्त अनुरोध स्वीकार गर्दै क्याप्टेन किनलोकलाई पठाएको थियो जसले वि.सं १८२३ मा सिन्धुलीको युद्धमा पृथ्वीनारायण शाहका सेनासँग सामना गरेको थियो। यो युद्ध कम्पनीका लागि विनाशकारी साबित भएको थियो, किनलोक सहित उनका लगभग २४,००० सैनिकहरू मध्ये लगभग ८०० सैनिकहरूसँग भागेका थिए। यसपछि शाहले उपत्यका विजय गर्न सफल भएका थिए र १८२५ असोज १३ मा आफूलाई नेपालको राजाको रूपमा घोषणा गरेका थिए।

पृथ्वीनारायण शाहको मृत्युपछि राजकुमार बहादुर शाह, रानी राजेन्द्र लक्ष्मी र भीमसेन थापाले नेपाल एकीकरण अभियानलाई निरन्तरता दिएका थिए। नेपाल अधिराज्य पश्चिममा सतलज नदीदेखि पूर्वमा टिस्टा नदीसम्म फैलिएको थियो। यस अवसरमा देशभर विभिन्न कार्यक्रमहरू आयोजना गरिन्छ। विद्यार्थीहरूबीच राष्ट्रियता सम्बन्धी वक्तृत्वकला प्रतियोगिता, र्याली, सम्मान कार्यक्रम, र सांस्कृतिक प्रदर्शनीहरू यस दिनको महत्त्व झल्काउने गरी गरिन्छ। राष्ट्रिय एकता दिवसले नेपाली जनताबीच सद्भाव, सहयोग, र परस्पर विश्वासको वातावरण सिर्जना गर्ने माध्यमको रूपमा काम गरिरहेको छ। राष्ट्रिय एकता दिवसले न केवल हाम्रो इतिहासको गौरवलाई स्मरण गराउँछ, तर यो हाम्रो जिम्मेवारी पनि हो कि हामी एकजुट भई देशको प्रगतिमा योगदान पुर्याउँ। पृथ्वीनारायण शाहको योगदानको कदर गर्दै हामी सबैले राष्ट्रिय स्वाभिमान, विकास, र समृद्धिका लागि दृढ भएर अघि बढ्नुपर्छ। पृथ्वीनारायण शाहका दिव्य उपदेशहरू जसले व्यक्ति, समाज तथा सिंगो राष्ट्रलाई नै युग युगान्तरसम्म व्यावहारिकताको ज्ञान सिकाइरहनेछ।उनका दिव्यउपदेशबाट शासक तथा सरकारले शुसासन

• **नेपाल चार जात छत्तीस वर्णको साझा फूलबारी हो।**

• पृथ्वीनारायण शाहले जातीय तथा सांस्कृतिक विविधतालाई सम्मान गर्नुपर्ने कुरा औल्याएका छन्।

• **नेपाललाई सानो तर सङ्गठित राज्य बनाउनुपर्छ।**

• बाह्य हस्तक्षेप र विभाजनबाट जोगाउन सशक्त राज्य निर्माणको सुझाव दिएका थिए।

• **भूपू सिपाही, मन्त्री, र राजाको आलोचना सुन्नुपर्छ।**

• प्रजा, मन्त्री, र सेनासँग सहकार्य गरेर राज्य चलाउनु पर्छ भन्ने धारणा राखेका थिए।

• **विदेशी व्यापारी र मिशनरीहरूबाट होशियार रहनु।**

• पृथ्वीनारायण शाहले विदेशी प्रभावबाट देशलाई जोगाउन चेतावनी दिएका थिए।

• कूटनीतिमा चतुर हुनुपर्छ।

• उनले भनेका थिए, "चतुरको साथ चतुर हुनुपर्छ।" यसले कूटनीतिक क्षमतालाई बलियो बनाउनुपर्ने देखाउँछ।

• **गाउँले अर्थतन्त्र बलियो बनाउनुपर्छ।**

• उनले स्थानीय उत्पादनलाई प्रोत्साहन गर्नुपर्ने र विदेशी आयातमा निर्भरता घटाउनुपर्ने बताए।

• नेपाल दुई ढुङ्गाबीचको तरुल हो।

• उनले नेपाललाई भारत र चीनजस्ता ठूला राष्ट्रहरूको बीचमा रहेको संवेदनशील भूभागको रूपमा चित्रण गर्दै होशियार रहनुपर्ने बताएका थिए।

**टोलराज पोख्रेल**

**सामाजिक शिक्षण विभाग**







# Student's Section

## Spin and Shine Dance Competition

The Grand Finale of 'Spin and Shine' dance competition was held on month of poush. On the grand finals there were four contestants from each category A, B and C who were competing with each other. Before the finals two rounds were held.

On the first round six contestants from each house were competing against each other and the songs were of their own choice. Three dancers moved to the next round. The theme of second song was hindi Bollywood and the finalist were declared one from each house and each category.

Finally, the grand finale was there which brought excitement and at the same time worry in everyone. There were 12 incredibly talented dancers competing against the opponents of their own category. All the dancers from each house and each category gave their best dance performances. Everyone was eagerly waiting to know the winners. Every contestants presented dance with diverse culture of Nepal. The dancers promoted Nepali culture with enthusiasm and patriotism. They made us realize how rich our culture really is.

From category A(1-3), '**Arya Basnet**' from **blue house** was the winner of category A. '**Rujitesh Parajuli**' from **green house** was the first runner up and '**kinzom Yolmo**' from **yellow house** the second runner up. Similarly, from category B(4-6), '**Arosha Shrestha**' from **maroon house** was the winner, '**Paridhi Ojha**' from **green house** was the first runner up and '**Arogya Neupane**' from **blue house** was the second runner up. Lastly from category C(7-9) '**Ashlesha Basnet**' from **blue house** was the winner, '**Sprayha Pokhrel**' from **yellow house** was the first runner up and '**Saanvi Basnet**' from **maroon house** was second runner up.

In a nut shell, All the winners were equally deserving, talented and made their house extremely proud. Knowing that this was the very first season of dance, the competition went very well and smooth. The hidden talents were finally shown. This was great chance for each one of them of GFWS to show their talent. All thanks to the school management for organizing this dance competition

-Reported by: **Samridhdi Oli and Aarika Tamrakar.[9A]**





Oh, how beautiful nature can be  
 With its calm and gentle sea  
 The chirping of birds and the buzzing of  
 the bees  
 All seems to be a part of a peaceful  
 dreams.

Nature's beauty calm and free  
 An escape from society.  
 In its gentle embrace we find,  
 Peace for the heart and mind.  
 So let's us cherish and protect this gift  
 And keep it out of society's drift.  
 A reminder that life is much more,  
 Then the hustle and bustle of a daily  
 chore.

Angel Bishwakarma 8A

Stars in a frosty sky  
 Crackle and blaze;  
 Streams in the lowland meadows  
 Linger and laze;  
 Shells on the seashore gleam,  
 Washed by the tide;  
 Seagulls over the harbor  
 Circle and glide.  
 Blue smoke and prancing steed  
 Swallow and snake swan-  
 How many more  
 Curving, glistening S-things  
 In sky, sea, shore?  
**-Aahana Pathak 5A**

### Some amazing facts about the science

### Where is God?

1. The earth is a magnet.
2. 50% of the world's oxygen is produced by the sea.
3. The human stomach can dissolve razor blades.
4. There are more trees on the planet than stars in the system.
5. One letter doesn't exist in periodic table.
6. Water can boil and freeze at the same time.
7. Some chemicals cannot live with oxygen.
8. It takes eight minutes for light to travel from the sun to earth.

**-Smriti khawas**  
**Class-6'B'**

### Where Is God?

God is in the flowers  
 God is in the trees  
 God is in the butterflies  
 And the birds and bees

God is in the sunshine  
 God is in the storm  
 God is in the snow and frost  
 That makes you wrap up warm

God is in the good  
 God is in the bad  
 God is in what makes you happy  
 And what makes you sad

God is everywhere you look  
 And everywhere you go  
 God is your best friend always  
 Because God loves you so

Trina Graves  
 Spiritual Quotes  
 To Live By

